



THE
AMALGAMAC

A publication of the First District Dental Society

*Dentists Dedicated to the Dental Health of
the Community*



DECEMBER 2023 EDITION

- *Mentor Me Program Update*
- Spring CE Courses: Sign Up Today!





DECEMBER 2023



FIRST DISTRICT DENTAL SOCIETY

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FDDS
P.O. BOX 416
NEWBURGH, IN 47629

INSIDE THIS ISSUE

Table listing contents: PRESIDENT'S MESSAGE (3), TRUSTEE REPORT (4), JANUARY CE REGISTRATION (OSHA) (5), MEMBER SPOTLIGHT & FEBRUARY CE (6-7), SIOHF UPDATE & MARCH CE (8-9), SAVE THE DATE: 2023-2024 CE EVENT FLYER (10), APRIL CE REGISTRATION (11), HAVE YOU HEARD THE NEWS?? (12)

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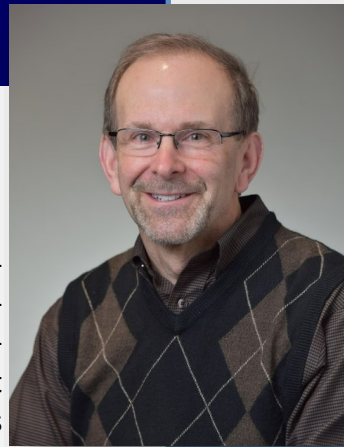
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PRESIDENT'S MESSAGE

BY DR. ROBERT JANOWSKI



Greetings fellow dental professionals of the First District! With the Fall season upon us, the daylight is getting shorter and 2023 is winding down. I hope each of you have had a good year and are doing well in your professional and personal endeavors.

The First District members came out strong for the start of the 2023-2024 CE season. The Ethics and Jurisprudence meeting with Jay Dziwlik drew a large group of 102! As in years in the past, Jay kept his information lively and entertaining. His "pop" quiz humbled the audience since no one in the room could achieve a perfect test score. Hopefully next time we all will be better prepared for his pop quiz.

Once the New Year begins put on your schedule our upcoming FDDS meetings. On January 19, Kay Maddox will present our OSHA class. February 8 will bring Dr. Kelly Jastremski to town, the CEO of P1 Den-

tal Partners. He will discuss Dental Partnership Organization (DPO), a partnership concept created by dentists for dentists. As we go into March, Digital Dentistry Workflow will be presented by Dentsply/Sirona. As we conclude the Spring CE, we will have Dinner with the Dean: Dr. Carol Anne Murdoch-Kinch, Dean of the IU School of Dentistry. She will give us a dental school update and answer questions regarding the programs.

Looking forward to seeing each of you at the upcoming meetings. We have an exciting year ahead to fill your continuing education needs and provide camaraderie with your colleagues.

*Respectfully,
Dr. Robert Janowski*

"We have an exciting year ahead to fill your continuing education needs."

Thank you to our fall sponsors!



TRUSTEE REPORT: YOUNG DENTISTS

BY PATRICK TROMLEY, DDS

I believe that our greatest resource in the First District is our young dentists. They are the future of dentistry.

As a “seasoned” dentist in leadership, I feel that it is of the utmost importance that we invest as much time as possible in leading and guiding our young dentists. The investment is worth the time! I am very proud of Kassidy Wolfe, one of our young dentists in the First District. Kassidy entered the AIR Program at the IDA last September. **For those of you who do not know what the AIR Program is, it develops young dentists who aspire to be leaders not only in dentistry, but in the community.** The AIR Program lifts all barriers and gives young dentists the training to become leaders without the stigmas of race, religion, gender, etc. Kassidy is halfway through the program and is now in the project stage of that program.

The IDA has a **Mentor Me Program** that they developed a couple of years ago. This program matches dentists in the IDA that are in leadership with dental students for IU School of Dentistry. The idea is to give the students a person that they can call on for questions and advise in the “real world of dentistry”. **Kassidy decided to take that a step further and apply that program in the First District.**

Instead of using IUSD students, our program was for pre-dental students from the First District that are in undergrad or high school. We sent out a couple of emails to all the dentists in the First District, but emphasized the younger dentists, who have the most up-to-date information and knowledge of what it takes to build a resume to get into dental school.

On July 11, the First District held a table discussion for 7 pre-dental students and 8 dentists from the First District (Patrick Tromley, Kassidy Wolfe, Shea Perkins, Adam Guth, Evan Hipp, Adam Lottes, Tyler Vandeventer, and Jason Kuester). Kassidy put together a well-organized program that covered a wide range of topics of interest to pre-dental students which covered the curriculum, the DAT, interviewing, volunteer hours, the application process, etc. The evening was conducted in a structured but informal way that was comfortable for everyone who attended.

The students had many questions for the dentists and each other. We were able to exchange cell phone numbers, and we feel that each of the students that attended will feel



comfortable in reaching out to any of the dentists on the panel. We received a lot of positive feedback from all who attended. We know there are several dentists who voiced interest but could not attend. **We plan on having more events for this “Mentor Me” program, so if you didn’t get the chance to attend, maybe you will be able to the next time.**

I want to thank all of the dentists who attended this event and made it so successful. A special thank you to Dr. Wolfe who worked to develop this program and bring it to life. **I truly believe this program shows that we are investing in tomorrow’s dentists and showing them the power of organized dentistry!**

Respectfully submitted,
Patrick A. Tromley, DDS,



OCCUPATIONAL HEALTH & SAFETY ADMINISTRATION

FEATURING KAY MADDOX, RN

FRIDAY, JANUARY 19, 2024
THE EVANSVILLE COUNTRY CLUB BALLROOM

2 CE HOURS / 8:30-10:30 AM / CHECK-IN BEGINS AT 8:00 AM
BREAKFAST BUFFET WILL BE SERVED

2 CEs for
Licensing Requirement



Course Description & Objectives

This presentation will guide dental health teams through OSHA's Bloodborne Pathogens Standards, Hazardous Chemical Standards and Infection Control. Participants will understand how to use SDS documents, how to create a Worksite Hazard Assessment List and how to manage BBP exposures.

Participants will be able to:

- Review of Universal Precautions and PPE
- Manage Necessary Documents & Recordkeeping
- Implementing a Respiratory Protection Program
- Show Evidence of Safe Disposal Practices

About the Speaker

Kay Maddox is a graduate of Indiana University School of Nursing with 50 years of experience in nursing and adult education. She has lectured to dental organizations and IDA Component Societies on OSHA Compliance and Infection Control for more than thirty-five years. She has also presented at the IDA's annual Midwest Dental Assembly Conference.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Occupational Health & Safety Administration (OSHA) (2 CEs to meet licensing requirement)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes breakfast & event)

- FDDS Member Dentist - \$99
- FDDS Member Staff & Young Dentists - \$99
- Non-Member - \$125

QTY:

AMOUNT
DUE:



**A \$20 late fee will be applied to
reservations not received within 72
hours of meeting time.**

FDDS Member Spotlight: Dr. Adam Guth

Practice Location: Newburgh Family Dental (Newburgh, IN)

Hometown: Evansville, IN

Where did you attend undergrad: IUPUI

Where did you attend dental school/Specialty: University of Louisville School of Dentistry, General Dentist

What year did you graduate: 2023

If you weren't a dentist, what would you be doing? Architect

If you were scheduled to be executed tomorrow, what would you eat for your last meal? St. Elmo's Filet Mignon & Shrimp Cocktail

What is your favorite vacation spot? Lake Tahoe

What are your hobbies? Spending time with friends and family, watching or playing sports, and playing board games

Do you have a spouse or significant other? Wife (Kendra)

Do you have children or pets? Not yet



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THINKING OF JOINING A DSO? INFORMATION YOU MUST KNOW

FEATURING DR. KELLY JASTREMSKI, DDS

THURSDAY, FEBRUARY 8, 2024
THE EVANSVILLE COUNTRY CLUB BAY ROOM

2 CE HOURS / 6:00-8:00 PM / CHECK-IN BEGINS AT 5:30 PM
DINNER WILL BE SERVED



Course Description & Objectives

- Current headwinds for private practice,
- Pros and cons of partnering with a DSO.
- Private Equity goals
- Actions to take prior to engaging a search process.
- Looking for the right DSO partner, broker or no-broker?
- Interviewing prospective DSOs.
- Financial evaluation (QE) to determine EBITDA.
- LOI
- Diligence
- Wedding date!

About the Speaker

A practicing dentist for over 25 years in Bloomington, Indiana, **Dr. Jastremski (Dr. J)** built a large dental practice focusing on customer service using a KPI platform that helped create efficiencies and enhanced quality of care. Using the strategy that brought his practice 6 years of 15% growth, Dr J began consulting, ultimately taking this skill set to help launch P1 Dental Partners.

In December of 2020, Dr J became the CEO and Co-founder of P1 Dental Partners, a startup business bringing together 26 dental practices under one ownership and are rapidly growing with over 47 general and specialty practices located throughout Indiana and the Chicago land area. P1 stands for "Patient First, Provider Led, Striving for Excellence" and is one of the largest Dental Partnership Organizations in the Midwest. As a provider led platform, P1 believes in clinical autonomy and honoring the goodwill created by our doctors.

Dr Jastremski, having navigated the transition from dental clinician to a private equity backed business leader, is a sought-after lecturer in the DSO and private equity space. He is currently focused on growing P1 through partnership acquisitions and organic growth within each office.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Thinking of Joining a DSO? Information You Need to Know
(2 CEs)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes dinner & event)

- FDDS Member Dentist - \$119
- FDDS Member Staff & Young Dentists - \$99
- Non-Member - \$209

QTY:

AMOUNT
DUE:



A \$20 late fee will be applied to reservations not received within 72 hours of meeting time.

Foundation News

SIOHF PRESIDENT – DR. SHEA PERKINS



Southwestern
Indiana Oral
Health Foundation

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INDIANA ORAL HEALTH
FOUNDATION
P.O. Box 416
Newburgh, IN 47629



Hello again everyone! I can't believe we are already approaching the end of 2023! I hope everyone had a wonderful year, both personally and professionally.

I wanted to take this opportunity to provide an update on some of the projects and donations that SIOHF has been a part of this past year. First, the foundation was able to provide the Evansville Christian Life Center with the dental supplies they need to operate their clinic for the next year! This included masks, gloves, toothbrushes, and toothpaste. We also participated in Halloween at the Park! The foundation gave away toothbrushes to 1,000 children and teens at Friedman Park.

Most importantly, the foundation was able to donate \$1000.00 to the Dental Hygiene Scholarship Fund as USI. With this donation, the total for the scholarship has reached \$5,590.

The mission of the Southwest Indiana Oral Health Foundation is "to promote the improvement of oral health throughout the community by prevention, education and access to care."

We strive to offer our support to those in the community that are providing the underserved with dental care. We are blessed to have so many in our dental community that feel passionate about helping those who need it.

Our ADA/First District dues are approaching once again. Please consider checking the box to donate to SIOHF.

As the cost of supplies increases, these local clinics that provide dental care will need our help even more. The foundation will continue to do our very best to assist those in need and show our support to the community.

One final thought, the Foundation is working on Valentine's Dinner once again. It is a fun filled night of food, drinks, and a silent auction. Please join us! We would love to see everyone there! We will send out details very soon!

Thank you to everyone for their support in the past, present and future. We hope to continue to add new projects and donations each year. Please do not hesitate to reach out with questions, concerns, or new ideas!

Dr. Shea Perkins
2023-2024 SIOHF President

USI Endowed Scholarship Update

WE HAVE RAISED A TOTAL OF
\$5,590!

TOGETHER WE CAN REACH
OUR GOAL OF \$12,500!

MODERN DIGITAL DENTISTRY

WORKFLOWS

To Reduce Chair Time, Increase Profits, and Improve Patient Care for your Practice



FRIDAY, MARCH 8, 2024

THE EVANSVILLE COUNTRY CLUB BAY ROOM

3 CE HOURS / 8:30 AM-11:30 AM / CHECK-IN BEGINS AT 8:00 AM

BREAKFAST WILL BE SERVED

Course Description & Objectives

PrimeScan Workflow (Thompson) – Overview of Digital Dentistry

SureSmile Aligners

- How **preventive**, hygiene and malocclusion necessitate correct alignment and diagnosis (Embry)
- Clear Aligners – overview for malocclusion and aesthetics (Davis)
- Retainers for any patient (Davis)

Endodontics – single visit endo procedures with system-based approach (Mueller)

Implants and Atlantis custom abutments with IOS implant impressions (Mullinax)

- Digital workflow of implant placement guides
- Digital workflow for custom abutment process (Atlantis)

Lab – digital scanning for your lab on crowns, partials, implants and removables

Restorative

- Scanning for crowns, partials, and bridges (Howard)
- Scanning for onsite milling with CEREC

CEREC – Single Visit Crown expansion option with PrimeMill (Thompson)

PrimeMill milling of crowns, partials, onlay, inlays and abutments in office with PrimeScan

- MTL and Tessera blocks and restorative materials for crowns (Howard)
- Optional Tech expansions that work with PrimeScan (Thompson)

1. Axiom CBCT

2. PrimePrint – new 3D printer for printing implant guides, stints, night guards, retainers, etc

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Modern Digital Dentistry Workflows (3 CEs)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes breakfast & event)

FDDS Member Dentist - \$149

FDDS Member Staff & Young Dentists - \$119

Non-Member - \$235

QTY:

AMOUNT
DUE:



A \$20 late fee will be applied to reservations not received within 72 hours of meeting time.

First District Dental Society

2023-2024

Save the Date



SEPTEMBER 21, 2023

"Ethics & Jurisprudence" (2 CEs)

Presented by Jay Dziwlik, MBA, CAE (IDA Assistant Executive Director)



OCTOBER 27, 2023

"All You Need to Know About the Temporomandibular Joint but Were Afraid to Ask" (3 CEs)

Presented by Dr. Shaun Matthews (IU School of Dentistry)



NOVEMBER 17, 2023

"Opioid Training" & "The Effects of Cannabis" (6 CEs)

Presented by Tom Viola w/ Pharmacology Declassified



JANUARY 19, 2024

"OSHA" (2 CEs)

Presented by Kay Maddox



FEBRUARY 8, 2024

"Dental Partnership Organization (DPO)" (2 CEs)

Presented by Kelly Jastremski (CEO of P1 Dental Partners)



MARCH 8, 2024

"Digital Dentistry Workflow" (3 CEs)

Presented by Dentsply Sirona Team



APRIL 11, 2024

"Dinner with the Dean: IU School of Dentistry" (2 CEs)

Presented by Dr. Carol Anne Murdoch-Kinch

Dinner WITH THE Dean

FEATURING DR. CAROL ANNE MURDOCH-KINCH
(Dean of IU School of Dentistry)

THURSDAY, APRIL 11, 2024
THE EVANSVILLE COUNTRY CLUB BAY ROOM

2 CE HOURS / 6:00-8:00 PM / CHECK-IN BEGINS AT 5:30 PM
DINNER WILL BE SERVED



Course Description & Objectives

What's New at Indiana University's School of Dentistry?

Join us for an evening the includes up-to-date info on:

- The school's latest accreditation
- Construction update on the old parts of the dental school building
- Future plans for the dental clinic in the Stone Center here in Evansville

About the Speaker

Dr. Carol Anne Murdoch-Kinch previously served as Associate Dean for Academic Affairs and Dr. Walter H. Swartz, Professor of Integrated Special Care Dentistry at the University of Michigan School of Dentistry (U-M SOD). She was also a clinical professor in the school's department of Oral & Maxillofacial Surgery and Hospital Dentistry. Dr. Murdoch-Kinch's work at U-M SOD included multidisciplinary clinical research in oncology; a hospital-based oral medicine referral practice, where dental and medical residents cotreated patients with oral manifestations of skin diseases; and educational research on curriculum, dental school climate, and engaged learning. Dr. Murdoch-Kinch is no stranger to IUSD, having received a clinical certificate in Dental Diagnostic Sciences involved clinical research on gene expression of Crouzon Syndrome in families.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Dinner with the Dean
(2 CEs to meet licensing requirement)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes dinner & event)

- FDDS Member Dentist - \$109
- FDDS Member Staff & Young Dentists - \$89
- Non-Member - \$200

QTY:

AMOUNT
DUE:



A \$20 late fee will be applied to reservations not received within 72 hours of meeting time.



HAVE YOU HEARD THE NEWS?

*FD DS NOW HAS A WEBSITE!
Get connected at firstdds.org.*

- Our website will allow you to stay up-to-date on events & register for CE courses.
- If you are interested in getting connected, *contact us at chelsea.fdds@gmail.com for a membership login!*