



THE AMALGAMAC

A publication of the First District Dental Society

*Dentists Dedicated to the Dental Health of
the Community*



JANUARY 2023 EDITION

- Spring CE Course Lineup & A Fall Sneak-Peek
- Molars & Magic FDDS/SIOHF Valentine Dinner

- Featured photo by Susan Tromley -



JANUARY 2023

FIRST DISTRICT DENTAL SOCIETY

Crunchy Wells, DMD

President, FDDS

Chelsea Hixenbaugh

Executive Director, FDDS

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The First District Dental Society
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FAGD/MAGD Credit.
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PRESIDENT'S MESSAGE

BY DR. CRUNCHY WELLS

Happy New Year to All of Our Awesome Members! It seems like just yesterday we were enjoying our Thanksgiving feast, and now we are busy keeping those New Year's Resolutions. Your colleagues at the First District Dental Society would like to help you mark a few "to-do's" off of your list. We have our OSHA course this month and a chance to give back to the Southern Indiana Oral Health Foundation in February. But before we look forward, let's stop and recap our last two amazing CE opportunities.

Our members were presented new strategies over brunch on Friday, October 28th, 2022. The October presentation, *Navigating Our Dental Futures: Financial Decisions Practice Owners Must Get Right*, gave our colleagues, in all phases of dental practice life, new strategies to maximize our practice's worth. Dan Wicker of Cain Watters & Associates (Dallas, Texas) presented an outstanding program and made his power point available for our members. Please reach out to Chelsea Hixenbaugh or me if you would like a PDF of the program. In addition, thank you to Goldman Sachs and Old National Bank for their sponsorship of this financial workshop.

In November, Wells Orthodontics teamed up with the dental programs,

Assisting and Hygiene, at the University of Southern Indiana to bring speakers from the HEAL Trafficking initiative to the Tri-State. Nearly one hundred and forty dental professionals filled the megaroom in the Health Science building to be transfixed by two AMAZING women.



Dr. Katherine Welch shared her insight and experiences helping trafficking victims. She gave her perspective as a medical professional that has traveled the world helping victims. Next, Miss Annika Huff from Las Vegas, Nevada, shared her personal story as a victim and a survivor. Annika's experience brought a hush over the entire room that lasted until she completed her last sentence. Human trafficking is a health issue, and the dental community can help combat the epidemic.

Again, the FDDS crew wishes you and yours a *fabulous New Year*. As always, the entire First District Board is here for its members. Please feel free to reach out to us with any needs, concerns, or cheers.

*All of My Very Best,
Dr. Crunchy Wells*

"Human trafficking is a health issue, and the dental community can help combat the epidemic."

OCCUPATIONAL HEALTH & SAFETY ADMINISTRATION

FEATURING KAY MADDOX, RN

FRIDAY, JANUARY 20, 2023

THE EVANSVILLE COUNTRY CLUB BALLROOM

3 CE HOURS / 8:30-11:30 AM / CHECK-IN BEGINS AT 8:00 AM
BREAKFAST WILL BE SERVED

3 CEs for
Licensing Requirement



Course Description & Objectives

This presentation will guide dental health teams through OSHA's Bloodborne Pathogens Standards, Hazardous Chemical Standards and Infection Control. Participants will understand how to use SDS documents, how to create a Worksite Hazard Assessment List and how to manage BBP exposures.

Participants will be able to:

- Review of Universal Precautions and PPE
- Manage Necessary Documents & Recordkeeping
- Implementing a Respiratory Protection Program
- Show Evidence of Safe Disposal Practices

About the Speaker

Kay Maddox is a graduate of Indiana University School of Nursing with 50 years of experience in nursing and adult education. She has lectured to dental organizations and IDA Component Societies on OSHA Compliance and Infection Control for more than thirty-five years. She has also presented at the IDA's annual Midwest Dental Assembly Conference.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Occupational Health & Safety Administration (OSHA) (3 CEs to meet licensing requirement)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes breakfast & event)

- FDDS Member Dentist - \$85
- FDDS Member Staff & Young Dentists - \$85
- Non-Member - \$105

QTY:

AMOUNT
DUE:



MOLARS & MAGIC

SIOHF VALENTINE'S DINNER & SILENT AUCTION

FRIDAY, FEBRUARY 10, 2023
THE EVANSVILLE COUNTRY CLUB BALLROOM

6:00-9:00 PM / 6:00 PM COCKTAILS & OPEN SILENT AUCTION
6:45 PM DINNER WILL BE SERVED

Featuring
Entertainment by
Brandon Baggett



About the Event

Join us for an evening of dentistry, magic, and dinner - all for a worthy cause!

All proceeds from the silent auction will directly support the Southwestern Indiana Oral Health Foundation (SIOHF) in our community. *The mission of SIOHF is to promote the improvement of oral health throughout the community by prevention, education, and access to care.* This year, SIOHF is focusing its efforts on creating a USI Dental Hygiene Endowed Scholarship, and your generous contributions during this event will make this scholarship possible!

If you would like to donate something to be auctioned, please contact Chelsea at (812) 465-2093 or chelsea.fdds@gmail.com. Be sure to mark your calendars and make plans to attend this special evening!

About the Magician: **Brandon Baggett**

This modernized magician began his love for magic at a very young age, following in the footsteps of his father. He began performing professionally at the age of 13 and hasn't looked back! Brandon has performed over 6,000 shows for live audiences across the world, and most recently headlined on the strip in Pigeon Forge, TN.

"I've always taken so much pride in calling Southern Indiana home, as it's where I was born and raised. Being able to bring our magic back home is the coolest thing ever!" -- Brandon Baggett

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Molars & Magic: SIOHF Valentine's Dinner and Auction

Dentist Name:

Spouse/Guest Name:

Address:

Phone Number:

Email Address:

Registration (includes dinner & event)

Member Dentist: \$69
Dinner Choice: Chicken Steak

Spouse/Guest: \$69
Dinner Choice: Chicken Steak

QTY:

AMOUNT DUE:



THANK YOU TO OUR FALL SPONSORS!

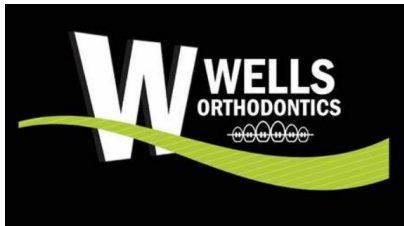


Personal
Financial
Management



“Navigating Our Dental Futures”

Feat. Dan Wicker with Cain, Watters, & Associates



“Traffic Stop”

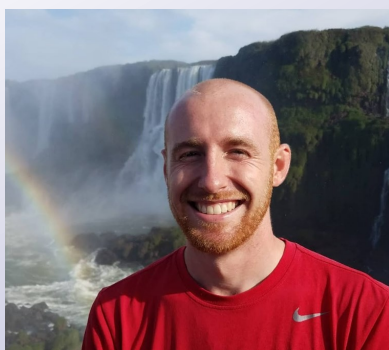
Feat. Annika Huff & Dr. Katherine Welch with HEAL Trafficking



Annika Huff, Dr. Crunchy Wells, & Dr. Katherine Welch



FDDS Member Spotlight: Dr. Adam Lottes



Practice Location: Franklin Street Dentistry (Evansville, IN)

Hometown: Evansville, IN

Where did you attend undergrad: Indiana University (Go Hoosiers!)

Where did you attend dental school/Specialty: Indiana University

What year did you graduate: I graduated from dental school in 2021.

If you weren't a dentist, what would you be doing? Engineer, my father got his degree in electrical engineering and I always looked up to him and his knowledge. Problem solving and constructing things together always piqued my interest in the field.

If you were scheduled to be executed tomorrow, what would you eat for your last meal? The Peanut Butter Smashburger from Samuel's in downtown Evansville. Don't knock it til you try it!

What is your favorite vacation spot? The mountains. My two favorite places to visit are in Montana and Colorado.

What are your hobbies? Dentistry, of course. I also enjoy golfing, fishing, hiking, and watching IU basketball.

Do you have children or pets? No children (yet), but I'm in the process of getting a dog. I grew up with a ton of animals, so they are a big part of my life.

CYBERcrime & Your Practice

Business Strategic Planning & Ransomware

FEATURING NIKKI ROSER & CHRIS BAILEY WITH
FIRST BANK

THURSDAY, MARCH 9, 2023

THE EVANSVILLE COUNTRY CLUB BAY ROOM

2 CE HOURS / 6:00-8:00 PM / CHECK-IN BEGINS AT 5:30 PM
DINNER WILL BE SERVED

Sponsored by



FIRST BANK
Making Great Things Happen



Course Description & Objectives

BUSINESS STRATEGIC PLANNING

Presented by Nikki Roser, President/CEO at First Bank

Every stage in the life cycle of a business comes with unique obstacles to manage and overcome. Each stage presents different opportunities, too. Where are you and your practice now? Ms. Roser will outline key takeaways for each stage of the business life cycle and define key financial ratios that should be reviewed to help your practice thrive.

CYBERSECURITY BEST PRACTICES TO PROTECT YOUR PRACTICE

Presented by Chris Bailey, Chief Operating Officer, and Chief Technology Officer at First Bank

Digital technology now plays a vital role in appointment scheduling, billing, charting, clinical procedures, and electronic medical records. However, the threat of a cyberattack to your dental practice is significantly higher. Clients look to us for a lot of solutions, but one that's continuously at the top of their lists today is cybersecurity mitigation. Attendees gain insight into today's threat landscape, hear about real-life attacks from the tri-state and receive a Security Steps to Protect Your Business eBook.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Cybercrime & Your Practice CE
(2 CEs to meet licensing requirement)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes dinner & event)

- FDDS Member Dentist - \$109
- FDDS Member Staff & Young Dentists - \$89
- Non-Member - \$200

QTY:

AMOUNT
DUE:



TRUSTEE REPORT

BY PATRICK TROMLEY, DDS

People often ask me how I got into leadership at the IDA. The answer is: I did not seek out leadership, it came to me.

I am typically shy by nature. I do not like to speak in front of a crowd. I am sure many of you can tell. I have a difficult time speaking up and giving my opinion. What I am is organized, a good listener and task oriented. I will get the job done whenever asked to do something.

I graduated from dental school in 1990 and became an associate for a private practice in Evansville for my first two years. In April of 1992, I purchased my downtown Evansville practice from Dr. Edward Bromm, DDS. Dr. Bromm was a great mentor to me right off the bat. Shortly after purchasing the practice, he came to me and told me that he was on the Council for Insurance, Retirement and Relief for the Indiana Dental Association and since he was retiring, he thought it would be best if I replaced him on that board. I thought to myself, how boring! I know nothing about insurance or any of this!! I spent 17 years on that council and listened, learned, connected and thrived.

Dr. Tom Murray asked me if I wanted to be a delegate/alternate delegate for the Indiana Dental Association representing the First District in 2005. I served in that capacity until 2017, when I replaced Tom Murray as Trustee for

the First District. Dr. Murray also asked if I wanted to serve on the Council for Education and Practice for the Indiana Dental Association somewhere around 2010. This council was my niche. We worked closely with IU School of Dentistry. I really enjoyed working with the Dental School and the dental students. I was already a mentor for potential dental students at that time. Because I served on that council, I was asked by Dean Williams to serve on the Advisory Council to the Dental School. I continue to serve on that council under Dean Murdoch-Kinch.

I do not think I would be serving in any of these roles if I hadn't been asked and encouraged by the many people that I have looked up to. I have had many role models and encouragers along the way. I give all the credit to Dr. Tom Murray, Dr. Ed Fritz, Dr. Greg Berger, Dr. Steve Ellinwood, Dr. Marty Szakaly, Dr. Ray Maddox and Ms. Shelly Schmelzer who have encouraged me and prodded me along my way. Even my mother, when I say I am not really a leader, responds by saying "oh yes you are!"

I am now looking for leaders for the future. It is very important that we keep organized dentistry alive and well. We all must look for and encourage future leadership. I will continue to be a mentor for young dentists. I enjoy it.



I love watching them discover and grow into tomorrow's leaders. I want them to continue to practice dentistry and to stay in and strengthen organized dentistry just the way we all have. The First District is blessed with a number of young leaders in our dental society. I am watching Dr. Austin Hixenbaugh, Dr. Sarah Buedel, Dr. Peter Wulff, Dr. Aditi Jindal, Dr. Cassidy Wolfe, Dr. Luke Keusch, Dr. Shea Perkins and Dr. Robert Shumate take on those roles for the First District and the Southwestern Indiana Oral Health Foundation. I am very proud of this group of individuals. The future of the Indiana Dental Association and the First District looks very good. Who knows, maybe one day they will credit me for getting them started in leadership roles?

If I have overlooked you, and you want to be in leadership in the First District Dental Society or the Southwestern Indiana Oral Health Foundation, please reach out to me. My email address is trompt@yahoo.com.

—Respectfully submitted by
Patrick A. Tromley, DDS, Trustee

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Oral Pathology

From Soft Tissue Lesions to Canker Sores and Papillomas

FEATURING DR. JUAN YEPES, IU SCHOOL OF DENTISTRY

THURSDAY, APRIL 13, 2023

THE EVANSVILLE COUNTRY CLUB BAY ROOM

2 CE HOURS / 6:00-8:00 PM / CHECK-IN BEGINS AT 5:30 PM
DINNER WILL BE SERVED



Course Description & Objectives

This seminar will provide to the attendee with the most up-to-date information regarding the fascinating field of oral pathology with emphasis in the clinical presentation of the lesion and the construction of a differential diagnosis. The seminar will use case-presentation as the learning and discussion format and will cover the entire spectrum of the most common oral soft tissue lesions in infants, children, adolescents, and adults. Special section in the oral cavity lesions associated with HPV will be included in the lecture.

Participants will be able to:

- Understand the importance of “building” a differential diagnosis based on the clinical presentation of oral lesions
- Learn the most common soft tissue lesions in infants, children, adolescents, and adults
- Learn the most updated treatment for some of the most common oral conditions besides gingivitis and dental caries

About the Speaker

Juan F. Yepes DDS, MD, MPH, MS, DrPH is a professor in the Department of Pediatric Dentistry at Indiana University School of Dentistry and an attending at Riley Children Hospital in Indianapolis, Indiana. Juan F. is also a clinical professor at the University at Buffalo. Juan F. is a dentist (DDS) and a physician (MD) from Javeriana University at Bogotá, Colombia. In 1999, Juan F. moved to the USA and attended the University of Iowa and the University of Pennsylvania where he completed a fellowship and residency in Radiology and Oral Medicine respectively in 2002 and 2004. In 2006, Juan F. completed a Master's in Public Health (MPH), and in 2011 a Doctoral Degree in Public Health (DrPH) both with emphasis in Epidemiology at the University of Kentucky College of Public Health. In 2008, Juan F. completed a residency program in Dental Public Health at University of Texas, Baylor College of Dentistry. Finally, Juan F. completed a residency program and a master in pediatric dentistry at the University of Kentucky in 2012.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Oral Pathology CE (2 CEs to meet licensing requirement)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes dinner & event)

- FDDS Member Dentist - \$109
- FDDS Member Staff & Young Dentists - \$89
- Non-Member - \$200

QTY:

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Foundation News

SIOHF PRESIDENT — DR. AUSTIN HIXENBAUGH



Southwestern
Indiana Oral
Health Foundation

BOARD OF DIRECTORS

Dr. Austin Hixenbaugh,
President

Dr. Steve Buedel

Dr. Shea Perkins

Dr. Brent Grafe

Dr. David Yates

SOUTHWESTERN
INDIANA ORAL HEALTH
FOUNDATION
P.O. Box 416
Newburgh, IN 47629



Happy New Year to you all!

My hope is that everyone enjoyed their Christmas season with family and friends. As we turn to the New Year, I would like

to share with you updates on our past events, along with upcoming events from the Foundation.

In November, the Foundation partnered with Hacienda for our second “Give Back” event this year. Our official total was around \$350.00! When comparing this to our last “Give Back” event, we doubled our result. I am encouraged by the momentum of these events, and we are grateful for your support. Each donation helps us be able to fund projects that promote oral health in our community. We appreciate everyone being involved for this event, and be on the lookout for future “Give Back” events and hope that we continue growing the final total each time!

Did you know that if everyone in the FDDS donated \$50.00 to our USI Dental Hygiene Scholarship that we could reach our goal?

You heard that right! So far we have raised about \$600.00 for this scholarship. Thank you to all who have donated! As a reminder, our goal is to fund either a \$12,500 or \$25,000 scholarship, and the scholarship recipient will be a student who is from one of the FDDS areas. Our hope is to encourage these students to find a practice to work for in our community in the future.

We are excited to announce that the SIOHF Valentine Dinner & Silent Auction will be next month on February 10th. The event will have a few new twists to our previous Valentine dinners, as we will be doing a half-pot raffle along with our silent auction. Half-pot tickets will be available for purchase that evening, and proceeds will go towards funding the USI Dental Hygiene Scholarship. The evening will be a great time to spend with your loved ones, along with each other as a FDDS family. If you are interested in RSVPing or donating a silent auction item, please be sure to contact Chelsea at chelsea.fdds@gmail.com.

I wish you all the best for the New Year. Thank you to everyone who has participated and is a part of our Foundation!

Sincerely,

Dr. Austin Hixenbaugh

~SEEKING SILENT AUCTION ITEMS FOR SIOHF'S VALENTINE DINNER~



ITEMS CAN INCLUDE: GIFT CARDS, THEMED BASKETS, AUTOGRAPHED ITEMS, PAINTINGS, HANDMADE ITEMS, SPORTS TICKETS, & MORE!

If interested in donating, please email Chelsea at chelsea.fdds@gmail.com & include the following:

- 1.) Picture of item
- 2.) Item description
- 3.) Item's value



SOUTHWESTERN INDIANA ORAL HEALTH FOUNDATION
DENTAL HYGIENE ENDOWED SCHOLARSHIP

About Scholarship

Our Foundation (SIOHF) is excited to be partnering with the USI Hygiene Department in developing an Endowed Scholarship for a hygiene student.

We believe it is vital to have a scholarship funded, as this will focus on investing in future hygienists in our community and practices.

If we make our goal of \$12,500 for this endowment, a student will receive \$500 per year. If we reach \$25,000, a student will receive \$1,000 per year.

Criteria

- ✓ Need-based scholarship
- ✓ Second year dental hygiene student
- ✓ From the First District area
- ✓ Recipient will attend a CE event & share the impact of the scholarship

Interested in Donating?

Make checks out to **Southwestern Indiana Oral Health Foundation** & mail to
P.O. Box 416, Newburgh, IN 47629

Dentist Name:

Address:

Phone Number:

Email Address:

Donation Amount: Check Number:

Thank you for your support of the USI Dental Hygiene Endowed Scholarship! 



~A SPECIAL THANK YOU~
TO THOSE WHO HAVE GENEROUSLY DONATED TO
THE SCHOLARSHIP!

- Dr. James Breuker
- Dr. Patrick Tromley
- Dr. John Greif

FDDS UPCOMING EVENTS (2023)

January

OSHA (3 CEs)

Date/Time: January 20
@ 8:30 a.m.

February

Molars & Magic: SIOHF Valentine's Dinner

Date/Time: February 10
@ 6:00 p.m.

March

Cybercrime & Your Practice (2 CEs)

Date/Time: March 9 @ 6:00 p.m.

April

Oral Pathology (2 CEs)

Date/Time: April 13 @
6:00 p.m.

May

Midwest Dental Assembly

Date/Location: May 19-21
@ Indianapolis, IN

September

Ethics w/ Jay Dziwlik (2 CEs)

Date/Time: September 21 @
6:00 p.m.

October

TMD w/ Dr. Shaun Matthews (3 CEs)

Date/Time: October 27
@ 8:30 a.m.

November

Hurts So Swell! + more w/ Dr. Tom Viola (6 CEs)

Date/Time: November 17
(Time TBD)

**Check emails for registration information & updates!*