

THE AMALGAMAC

A publication of the First District Dental Society

*Dentists Dedicated to the Dental Health of
the Community*



JULY/AUGUST 2023 EDITION

- *In Memory of Dr. Edward L. Fritz, DDS: 1923-2023
(see pages 6-7)*
- This Year's CE Courses: Sign Up Today!



JULY/AUGUST 2023



FIRST DISTRICT DENTAL SOCIETY

INSIDE THIS ISSUE

Robert Janowski, DDS

President, FDDS

Chelsea Hixenbaugh

Executive Director, FDDS

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PRESIDENT'S MESSAGE

BY DR. ROBERT JANOWSKI

I hope you all have been enjoying summertime in Southern Indiana. As the daylight gets progressively shorter and we tire of the heat, humidity and mosquitos...the thoughts of all Southern Indiana dentists transcend to Fall indoor activities like the First District Dental Society meetings.

My 37 years of clinical dentistry has not prepared me for the arduous task of following up in the President's role held by Dr. Crunchy Wells. Crunchy put forth a stellar slate of speakers and programs for 2022-2023. Next time you see Crunchy, thank her for all her efforts during her term as President. Well done, Crunchy!

Once again, we will be heading into license renewal in 2024. **The FDDS will have you covered with your needed courses.** Jay Dziwlik will be our presenter in September for Ethics; in November, Dr. Tom Viola will bring his energetic style on opioids in the morning, and in the afternoon, the proliferation of cannabis-use in our patient base. In January, we will once again have Kay Maddox present our OSHA training.

We do have an exciting slate of speakers in addition to the required courses.

Our October presenter will be Dr. Shaun Matthews, who hails from London, and he will fill us in on his new TMD clinic at IUSD and his plans to possibly bring it to the IU Dental School in Evansville. Early in 2024, Dr. Kelly Jastremski will discuss his DPO (Dental Partnership Organization), a partnership concept created by dentists for dentists. Dentsply/Sirona will be at our March CE event to enrich us on technologies such as scanners, Cerec, CBCT and future products. Finally in April, IUSD Dean Dr. Carol Anne Murdoch-Kinch will give us a dental school update and answer questions regarding the programs.

Plenty of compelling CE ahead; looking forward to the upcoming Fall and Spring sessions and seeing you all at these events, and **don't forget to invite a colleague.**

*Respectfully,
Dr. Robert Janowski*



"Next time you see Crunchy, thank her for all her efforts during her term as President."



A Special Thank You To:

Dr. Crunchy Wells for all of her hard work and leadership this past year as FDDS President! We are grateful for all that you do to support organized dentistry!

TRUSTEE REPORT & MDA 2023 UPDATE

BY PATRICK TROMLEY, DDS

Every year the newly elected president, trustee, treasurer, and executive director come together and set fees accordingly for all continuing education classes for the upcoming year.

This year there was much discussion as to how to address an ongoing problem of people signing up late for our continuing education courses. It is the executive director's responsibility to give a head count predicting the number of dinners that will need to be purchased and served. The head count also affects the number of tables with the appropriate seating and layout of the room. *The executive director needs to turn in the number of people attending the course to the country club seventy-two hours prior to the start of the event.*

We have decided to place a \$20.00 late fee on those attendees that turn in their registration past this deadline. We are not trying to prevent members from attending, but rather influencing them to register on time. We hope you understand our reasoning for this assessment.



NEWS FROM THE MIDWEST DENTAL ASSEMBLY

I would like to thank those dentists from the First District Dental Society that attended the House of Delegate Meetings at the Midwest Dental Assembly on May 19-21. We were

represented by Dr. Mark Sitzman, Dr. Crunchy Wells (President of the FDDS), Dr. Aditi Jindal, Dr. Mary Miles, Dr. Michael Wolf, Dr. Sarah Buedel, Dr. Cassidy Wolfe, and Dr. John Greif. I appreciate the time off from work that they took to represent all of us. I would also like to take this opportunity to thank all of the district dental societies of the Indiana Dental Association for their representation in the House of Delegates.

The work completed by the House of Delegates this year includes work on the participation of the Dentist and Dental Hygienist Licensing Compact. The Indiana Dental Association has agreed to support legislation and work with the Indiana State Board of Dentistry to adopt the Dentist and Dental hygienist Licensing Compact for our state. This will allow for portability of dentists' and dental hygienists' Indiana Dental Licenses to allow them work in other states that are participating in the compact without having to hold a license in those states.

The House of Delegates also voted NOT to raise IDA membership dues next year. It is the hope of the House of Delegates that maintaining the same price for dues will help preserve our membership numbers.

As always, if you are someone



who has a desire to serve the First District and/or the Indiana Dental Association in any capacity, do not hesitate to reach out to me at trompt@yahoo.com. Volunteerism and Advocacy are key to keep our association alive!

Respectfully submitted,
*Patrick A. Tromley, DDS,
FDDS Trustee*



FDDS Delegates & Alternate Delegates at MDA Conference:

Drs. Sarah Buedel, Cassidy Wolfe, John Greif, Mark Sitzman, Crunchy Wells, Michael Wolf, Aditi Jindal, & Patrick Tromley

ETHICS, JURISPRUDENCE, & PROFESSIONAL RESPONSIBILITY

FEATURING JAY DZIWLIK, MBA, CAE

THURSDAY, SEPTEMBER 21, 2023
THE EVANSVILLE COUNTRY CLUB BALLROOM

2 CE HOURS / 6:00 - 8:00 PM / CHECK-IN BEGINS AT 5:30 PM
DINNER WILL BE SERVED

2 CEs for
Licensing Requirement

IDA INDIANA DENTAL
association



Course Description & Objectives

Dentists and hygienists are invited to join the Indiana Dental Association for this fast-paced, entertaining session that fulfills your two-hour requirement for license renewal. The program will provide an opportunity for you to be updated on the new laws, test your knowledge; be reminded of your ethical code and walk through case study "sticky situations" every dental professional faces in practice.

IDA has an up to date, insightful review of the Indiana practice acts and Rules of the Board of Dentistry affecting your practice and patients. **You will laugh and learn something as you fulfill your required Indiana State Board of Dentistry CE requirement!**

Participants will be able to:

- Engage in peer-to-peer discussions over dental-specific ethical situations.
- Review portions of the Indiana statutes and rules that relate to the practice of dentistry and hygiene.
- Discuss the principles of ethics and code of professional conduct related to dentistry.
- Review and draw out applications to professional responsibilities of dentists and hygienists.

About the Speaker

Jay Dziwlik has been with the Indiana Dental Association since 2000, **currently serving as Assistant Executive Director with over 27 years of experience as a not-for-profit association professional.**

Jay coordinates membership and is liaison to the IU School of Dentistry & IDA leadership training programming. He speaks all across Indiana to dentists, staff, Association Executives, and nationally at the American Dental Association.

Jay is a nationally recognized Certified Association Executive (CAE); holds a graduate MBA and has been recognized as the Indiana Association Professional of the Year by the Indiana Society of Association Executives in 2005 and 2019. Indiana Dental Association recognized Jay with the Special Service Award for his work in leadership development and Mission of Mercy charitable dentistry project.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for *Ethics, Jurisprudence, & Professional Responsibility* (2 CEs to meet licensing requirement)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes dinner & event)

- FDDS Member Dentist - \$119
- FDDS Member Staff & Young Dentists - \$99
- Non-Member - \$209

QTY:

AMOUNT
DUE:



A \$20 late fee will be applied to reservations not received within 72 hours of meeting time.

In Memory of Dr. Edward L. Fritz:

A LASTING LEGACY

BY DR. MARK SITZMAN, DDS

Dr. Fritz was married to his beloved wife Bettye for over 68 years on July 31, 1954. Their story began in a Biology lab meeting during their sophomore year at F.J. Reitz High School. Their relationship continued as Ed attended Depauw University and Bettye went on to study Education at Indiana State University, eventually finding their way together in Indianapolis while Ed attended dental school and Bettye taught school in Speedway, IN. They shared two daughters together, Mary Ann and Sarah, and three grandsons. Ed and Bettye truly adored and respected each other while Bettye whole-heartedly supported all of Ed's endeavors. Bettye often provided transportation by driving on many of their work-trips while Ed worked tirelessly in the backseat of the car, and Bettye spent hours researching topics in libraries to gather information to support Ed's papers and reports. Ed enjoyed planning and preparing itineraries for many family vacations, and they were blessed to travel extensively within the United States and abroad.

Dr. Fritz was an accomplished student challenging his instructors at every level while completing multiple degrees. Dr. Fritz earned a Bachelor of Arts degree in Dentistry from Indiana University in 1954. He subsequently graduated from

Indiana University School of Dentistry with his Doctor of Dental Surgery degree in 1957. Dr. Fritz completed a Bachelor of Science in Accounting in 1975 and an M.B.A. in 1978 at the University of Evansville. Dr. Fritz served his country in the U.S. Army Dental Corps as Active Duty from 1957-1959, prior to returning to Evansville to begin his career in private practice. Dr. Fritz retired from active practice after 40 years in 1998.

To state that Dr. Fritz was heavily involved in organized dentistry is an understatement. His leadership was displayed in numerous positions in local, state, and national organizations. Dr. Fritz began his service in organized dentistry as a member of the Vanderburgh County Dental Society, serving as President, Vice-President, and Secretary-Treasurer from 1965-67. Dr. Fritz went on to serve the First District Dental Society as President, Vice-President, Secretary, and Secretary-Treasurer, 1972-77. **Dr. Fritz continued to serve FDDS at the state level as an Indiana Dental Association Trustee from 1983-1991.** As a trustee, Dr. Fritz served as the Chairman of the Budget, Finance Committee from 1983-1991, Dental Care Committee from 1967-69, the 1989 Indiana Foundation Ad Hoc Committee, the 1990 Director of the Indiana Dental Association Foundation, and the Indiana Dental



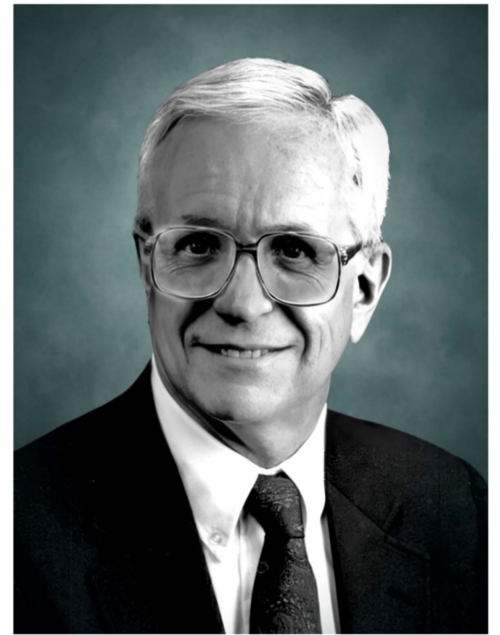
Association Building Ad Hoc Committee in 1987-88. Dr. Fritz was a member of the American Dental Association, serving as a Member of the Committee on Continuing Education from 1981 through 1983, and as a Consultant/Evaluator of Continuing Education in 1980. Dr. Fritz was appointed by Governor Otis Bowen to the Indiana State Board of Dental Examiners from 1977-1983, where he held the position of President, 1982-83, and Secretary, 1980-82. Dr. Fritz was appointed to the American Association of Dental Examiners serving the positions of Editor (1981-85), 3rd Vice-President (1985-86), 2nd Vice President (1986), 1st Vice President (1987), President Elect (1988), and President (1989). Additionally, Dr. Fritz was an active member of the Indiana Section of the American College of Dentists serving as Vice-President from 1989-90, the Academy of Operative Dentistry, International/American Association of Dental Research, the Academy of General Dentistry, and the American Society of Dentistry for Children.

Among the honors bestowed on Dr. Fritz are Fellowship in the American College of Dentists, the International College of Dentists, the Academy of Dentistry International, and the Academy of General Dentistry. He was selected to the Pierre Fauchard Academy, Phi Kappa Phi, and was listed in Who's Who in American Dentistry and Who's Who in the Midwest. Dr. Fritz was named a panelist at the National Roundtable on Quality Assurance sponsored by the Kellogg Foundation and the ADA Fund for Dental Health. In 1983, Governor Robert Orr named him a Sagamore of the Wabash. Dr. Fritz was awarded the 1989 Honor Dentist by the First District Dental Society. Dr. Fritz was selected as an Honorary Member of the Brotherhood of Locomotive Engineers and an Honorary Secretary of the State of Indiana. In 2014, The Indiana Dental Association awarded him both the Gish Service Award and the Ethics Award.

Dr. Fritz served as President, CEO, and Chairman of the Board of Health Resources, Inc. HRI (Health Resources, Inc.) was established in 1986 following a suggestion by local physicians who thought they could develop a dental insurance plan better than any group of dentists could. Those physicians surely could not have anticipated the challenge they presented to Dr. Fritz and the resounding lessons they would be taught by underestimating him. Dr. Fritz, with his wheels in motion, initiated a meeting with Dr. Steve Troyer and Dr. John Shrode to

formulate a strategy to address the issue. They assembled a group of nine original board members who along with them pioneered HRI that included: Dr. Alan Eggleston, Dr. Kenneth Manchette, Dr. Parvin Raibley, Dr. Robert Schellenberger, Dr. William Schmitt, and Dr. William Teare. Dr. Fritz was a true visionary, expert negotiator, and an astute businessman who instituted his accounting degree and MBA to navigate the incredible success of HRI along with the collective efforts of the Board of Directors. **HRI grew exponentially under his leadership and protected the tristate area from managed care moving into the area preserving an enviable environment in which to practice dentistry.** Dr. Fritz authored and published the "Ethics Handbook for Dentists," utilizing the ethical principles that governed dentistry to ensure that HRI was founded and operated with the mission to provide quality dental service to patients. Much of HRI's success was attributed to Dr. Fritz's focus on the care of patients not the dentist providers. HRI grew to have premium revenues to over \$50 Million at the time of his retirement in 2008. Upon retirement, the Board of Directors awarded Dr. Fritz the title of Emeritus Chairman of the Board of Health Resources, Inc.

The First District Dental Society has benefited greatly from the selfless efforts of Dr. Fritz. For those who were fortunate enough to collaborate with him, they witnessed a brilliant man who poured his heart and soul into every office, committee, council, or appointment he was asked to serve.



*Dr. Edward L. Fritz, DDS
1932-2023*

Observing his ability to comprehensively plan and develop projects with discipline, logic, generosity, and vision was truly an art form that few individuals could accomplish. **Dr. Fritz was gifted at always being two steps ahead of you, gracious enough to ask for input from your opinion, yet humble enough to give credit to those who helped him;** when, in reality, he likely had already considered what you contributed. Dr. Fritz was a faithful disciple of God, principled, ethical, and moral husband, father, dentist, and friend to many, deserving of much praise and worthy of deep respect for his contributions to those he served. Dr. Fritz's passing is representative of the end of an era, but legendary in status.



ALL YOU NEED TO KNOW ABOUT THE TEMPOROMANDIBULAR JOINT

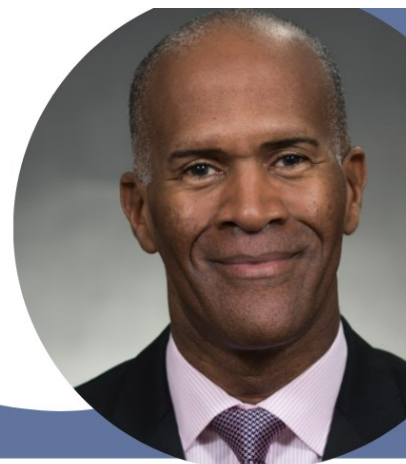
FEATURING DR. SHAUN MATTHEWS, BDS, FDS, MBBS, FRCS

FRIDAY, OCTOBER 27, 2023

THE EVANSVILLE COUNTRY CLUB BAY ROOM

3 CE HOURS / 8:30-11:30 AM / CHECK-IN BEGINS AT 8:00 AM

BREAKFAST BUFFET WILL BE SERVED



Course Description & Objectives

This course will provide participants with an overview of the non-surgical and surgical management of temporomandibular dysfunction (TMD) especially as it relates to the common jaw joint complaints encountered in clinical practice. It will describe the TMJ multidisciplinary team concept, as well as a proposed treatment algorithm for the management of TMD, from arthrocentesis and arthroscopy to total joint replacement.

Participants will be able to:

- Give an overview of TMJ anatomy and imaging modalities.
- Discuss the TMJ multidisciplinary team concept.
- Outline a treatment algorithm for the management of temporomandibular dysfunction.
- Describe the etiology and surgical management of common TMJ complaints e.g clicking jaw joints and TMJ dislocation.

About the Speaker

Dr. N. Shaun Matthews is Clinical Professor and Chair of Oral and Maxillofacial Surgery at the Indiana University School of Dentistry, as well as Associate Dean for Hospital Affairs and Director of the TMJ Institute. He is internationally renowned for his work in temporomandibular joint surgery and telehealth. Dr. Matthews has lectured extensively across five continents and is a Fellow of both the Royal College of Surgeons of England and Edinburgh. His work on jaw joint replacement surgery has been extensively cited in several international journals and newspapers, as well as the BBC News. In his career to date, Dr. Matthews was honoured by the Barbados government with their Golden Jubilee Award in recognition of his service to the people of Barbados and the United Kingdom, through his work in medicine and surgery.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

**Registration Form for All You Need to Know About the Temporomandibular Joint But Were Afraid to Ask
(3 CEs to meet licensing requirement)**

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes breakfast & event)

- FDDS Member Dentist - \$149
- FDDS Member Staff & Young Dentists - \$119
- Non-Member - \$235

QTY:

AMOUNT
DUE:



A \$20 late fee will be applied to reservations not received within 72 hours of meeting time.

HURTS SO SWELL & WAITING TO INHALE

FEATURING TOM VIOLA, R.Ph., C.C.P.

FRIDAY, NOVEMBER 17, 2023
THE EVANSVILLE COUNTRY CLUB BALLROOM

6 CE HOURS / 8:00 AM-3:00 PM / CHECK-IN BEGINS AT 7:30 AM
LIGHT BREAKFAST & LUNCH BUFFET WILL BE SERVED

Includes 3 CEs for
Opioid Requirement

TOM VIOLA
PHARMACOLOGY DECLASSIFIED



Course Description & Objectives

HURTS SO SWELL: APPROPRIATE OPIOID PRESCRIBING

Management of acute dental pain is accomplished through a clinical approach that successfully incorporates opioid & non-opioid analgesics. However, this normally occurs outside the dental office, away from our immediate supervision & we are often faced with the difficult task of managing patient pain while also avoiding adverse outcomes for both our patient and our communities. Thus, it is critical for clinicians to accurately identify the need for pain control & associated risks, & to assess the efficacy of analgesic agents to be administered. **This program will provide an overview of effective dental pain management and identification of addiction.** *Special emphasis will be given to appropriate practices of prescribing opioids & individualized patient care planning.*

WAITING TO INHALE: WILL CANNABIS CHALLENGE THE DENTAL PROFESSIONS AS TOBACCO HAS IN THE PAST?

According to the DEA, cannabis is considered to have no accepted medical use & thus, it is illegal to possess. Yet, almost every state has enacted legislation aimed at legalizing or decriminalizing cannabis for medical or recreational use. Despite this rise in social & legal acceptance, public health concerns regarding the use of cannabis remain, especially among dental professionals, since the major routes of administration of cannabis involve the oral cavity. **This program will introduce dental professionals to the pharmacology of cannabis, including its various dosage forms, routes of administration & adverse effects.** *Special emphasis will be placed on the effects of cannabis use on oral health and dental treatment, as well as the proposed use of cannabis in dentistry for the management of patient anxiety & odontogenic pain.*

About the Speaker

Tom Viola, the founder of "Pharmacology Declassified", is a board-certified pharmacist who also serves the professions of dentistry as a clinical educator, professional speaker, & published author. Tom is a member of the faculty of 16 dental professional degree programs and has received several awards for outstanding teacher of the year. Tom has presented hundreds of continuing education courses to dental professionals, nationally & internationally, in the areas of oral pharmacology & local anesthesia. Through his informative, humorous & engaging live seminars & webinars, Tom has earned his reputation as the go-to specialist for making pharmacology practical & useful.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Hurts So Swell & Waiting to Inhale
(6 CEs - includes 3 CEs to meet Opioid licensing requirement)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes breakfast & event)

- FDDS Member Dentist - \$219
- FDDS Member Staff & Young Dentists - \$139
- Non-Member - \$309

QTY:

AMOUNT
DUE:



A \$20 late fee will be applied to reservations not received within 72 hours of meeting time.

First District Dental Society

2023-2024

Save the Date

SEPTEMBER 21, 2023

"Ethics & Jurisprudence" (2 CEs)

Presented by Jay Dziwlik, MBA, CAE (IDA Assistant Executive Director)

OCTOBER 27, 2023

"All You Need to Know About the Temporomandibular Joint but Were Afraid to Ask" (3 CEs)

Presented by Dr. Shaun Matthews (IU School of Dentistry)

NOVEMBER 17, 2023

"Opioid Training" & "The Effects of Cannabis" (6 CEs)

Presented by Tom Viola w/ Pharmacology Declassified

JANUARY 19, 2024

"OSHA" (2 CEs)

Presented by Kay Maddox

FEBRUARY 8, 2024

"Dental Partnership Organization (DPO)" (2 CEs)

Presented by Kelly Jastremski (CEO of P1 Dental Partners)

MARCH 8, 2024

"Digital Dentistry Workflow" (3 CEs)

Presented by Dentsply Sirona Team

APRIL 11, 2024

"Dinner with the Dean: IU School of Dentistry" (2 CEs)

Presented by Dr. Carol Anne Murdoch-Kinch

OCCUPATIONAL HEALTH & SAFETY ADMINISTRATION

FEATURING KAY MADDOX, RN

FRIDAY, JANUARY 19, 2024

THE EVANSVILLE COUNTRY CLUB BALLROOM

2 CE HOURS / 8:30-10:30 AM / CHECK-IN BEGINS AT 8:00 AM
BREAKFAST BUFFET WILL BE SERVED

2 CEs for
Licensing Requirement



Course Description & Objectives

This presentation will guide dental health teams through OSHA's Bloodborne Pathogens Standards, Hazardous Chemical Standards and Infection Control. Participants will understand how to use SDS documents, how to create a Worksite Hazard Assessment List and how to manage BBP exposures.

Participants will be able to:

- Review of Universal Precautions and PPE
- Manage Necessary Documents & Recordkeeping
- Implementing a Respiratory Protection Program
- Show Evidence of Safe Disposal Practices

About the Speaker

Kay Maddox is a graduate of Indiana University School of Nursing with 50 years of experience in nursing and adult education. She has lectured to dental organizations and IDA Component Societies on OSHA Compliance and Infection Control for more than thirty-five years. She has also presented at the IDA's annual Midwest Dental Assembly Conference.

Make checks out to **First District Dental Society** & mail to
P.O. Box 416, Newburgh, IN 47629

Registration Form for Occupational Health & Safety Administration (OSHA) (2 CEs to meet licensing requirement)

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration (includes breakfast & event)

- FDDS Member Dentist - \$99
- FDDS Member Staff & Young Dentists - \$99
- Non-Member - \$125

QTY:

AMOUNT
DUE:



**A \$20 late fee will be applied to
reservations not received within 72
hours of meeting time.**



HAVE YOU HEARD THE NEWS?

*FD DS NOW HAS A WEBSITE!
Get connected at firstdds.org.*

- Our website will allow you to stay up-to-date on events & register for CE courses.
- If you are interested in getting connected, *contact us at chelsea.fdds@gmail.com for a membership login!*